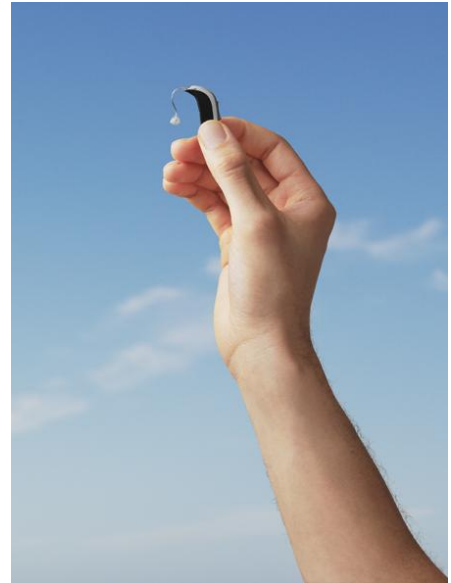


How to get the best out of your hearing aids:

➤ Heat and Humidity

- Your hearing aids must never be exposed to extreme heat (e.g. inside a car parked under the sun)
- They **must not** be exposed to humidity (e.g. sauna, showers, swimming)
- In no case should they be dried in a microwave
- Wipe the batteries if moisture is present
- A de-humidifier for hearing aids might extend their length of life
- Chemicals in cosmetics such as hairspray can damage your instrument



➤ Batteries

- Your battery longevity will depend on your hearing loss, but, also on your social environment. Noisy environment will drain much more power from the instrument as the system will have to work harder to reduce background noise and localise speech
- After removing the sticker, ensure you wait at least a minute before inserting them in the aid

➤ No sound

- Possible problems could be a worn-out battery or a clogged sound outlet
- Also, depending on the instrument, pulling a wire through the tubing or replacing wax protection will sort out the problem
- If you think that the battery might be defective, you should try a second one

➤ Intermittent or reduced sound

- Intermittent or reduced sound can be caused by moisture. Try wiping the aid with a dry cloth and use the dehumidifier for the aid

Whistling noise

- Hearing aid not inserted correctly or wax is in the ear canal. Try inserting the hearing aid again and if the whistling still persists, visit your GP for a wax check.

Cleaning the instruments

BTE:

It is always good to remove the ear moulds from the instrument in the evening and clean them with soap and water or other chemical system. Let the mould dry overnight before putting it back on the aid. Make sure no residual moisture or water is blocking the sound by using an air puffer.

ITE:

Wipe your hearing aid with a tissue in the evening, brush the microphone of the instrument to make sure no debris or else is blocking the aperture. Wax protector will have to be changed when signs of wax increase in the basket.

Open fit:

As for a BTE, the tubing might have to be removed to ensure no wax is blocking it and passing a thread through to push any debris out of it.

If accidentally you drop them in water, bin the batteries and let the hearing aids dry for 24 hours. **Do not** put them next to a lamp or in a microwave!